

PREPARATION FOR PROCEDURE

Please read these instructions carefully and call the office if you have any questions.

Discontinue the following medications as outlined:

- ASPIRIN (Excedrin, Anacin, Alka-Seltzer) and blood thinning products (Coumadin).
- Aspirin should be discontinued seven days before the procedure and for ten days after the procedure if biopsies were taken or polyps removed.
- Coumadin should be discontinued for three days before the procedure and three days after the procedure if biopsies were taken or polyps were removed.
- Arthritis medications (such as Motrin, Advil, Ibuprofen, Indocin, Aleve and Celebrex) should be discontinued two days before the procedure and fourteen days after the procedure if biopsies were taken or polyps were removed.
- Tylenol **may be used** as needed.

Continue the following medications:

- You should continue taking your usual heart, high blood pressure or respiratory medications. Do not stop Prednisone.
- Persons with diabetes: consult with your primary care physician regarding the adjustment of your oral hypoglycemics or insulin while preparing for this procedure.

Please remind your doctor if you have artificial heart valves or artificial joints.

The day of your procedure: NO DRINKING AFTER MIDNIGHT

Take your usual morning heart, high blood pressure and respirator medications, including Prednisone and Tylenol with a **SMALL** sip of water.

You may receive medications during the procedure and should not drive or use mechanical equipment or sign legal documents until the following day. Please arrange for someone to take you home. If you do not have a driver or someone to accompany you in the cab, your procedure may be rescheduled. If you wish, the procedure can be done without medication, but this is not recommended.

Please contact your insurance company (unless you have Medicare or DSHS) to determine if preauthorization is necessary. Failure to receive a pre-authorization could result in denial or your insurance benefits, making you responsible for the hospital, lab, doctor and anesthesia charges for this service. If referral from your primary doctor is required, please make sure this has been initiated.